If you came to Philadelphia to learn new techniques to bring back to your orthodontic practice, you have plenty of educational options to meet your needs.

From the doctor sessions to the staff sessions to the featured speakers series, if it’s related to orthodontics, it’s probably covered!


Staff sessions include a range of topics from orthodontic digital photography, staff training, risk management, infection prevention, fee collection and more.

Today’s featured speaker series will begin the day at 8 a.m. with a free session from best-selling author Dr. Barry Sears. Sears’ presentation, “Why We Gain Weight, Get Sick and Age Faster,” will explore the changes in the American diet in the last 40 years that have turned on ancient inflammatory genes that are the underlying cause of our obesity and health-care crisis.

At this year’s AAO, brackets aren’t just for the mouth — they’re for bracelets and earrings, too

Dr. Barry Sears is a leading authority on the impact of the diet on hormonal response, genetic expression and inflammation. He will speak at 8-9:30 a.m. today.

Pick up some new techniques

By Sierra Rendon, Ortho Tribune

Attendees of the 113th annual meeting of the American Association of Orthodontists stream in and out of the Philadelphia Convention Center on Saturday morning. Photo/Sierra Rendon, Ortho Tribune